### MODULE 6: REGIONAL SERVICE AVAILABILITY

TIME: 60 Minutes

## PURPOSE:

Module 6 provides participants with the opportunity to identify highlighted services currently available in their region and strategies for expanding services not currently available.

## **LEARNING OBJECTIVES:**

Upon completion of this module, participants will be able to:

- Understand what services are available within their region;
- Identify mechanisms for accessing services;
- Interact with T/RBHA about needed services; and
- Recognize how outpatient clinics can expand current services.

#### MODULE AGENDA:

A.	Purpose and Learning Objectives of Module 6	1 Minute
B.	Identify Available Highlighted Services by Agency Within the Region	15 Minutes
C.	Identify Unavailable Highlighted Services	4 Minutes
D.	Discuss Local Real-Life Cases and Creative Responses	40 Minutes

### **TRANSPARENCIES:**

None

#### **HANDOUTS:**

Information from the T/RBHA representative including:

- Current available services
- Services in development
- Collaborative strategies for developing needed services

#### PREPARED NEWSPRINT:

None

### **ADDITIONAL SUPPLIES:**

MODULE 6

None

# T-6.1: PURPOSE AND LEARNING OBJECTIVES OF MODULE 6



# Purpose

Module 6 provides participants with an opportunity to practice matching client needs to available services.

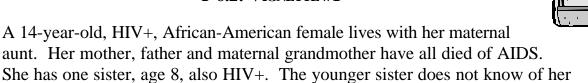
# **Learning Objectives**

Upon completion of this module, participants will be able to:

- Link client needs to covered services; and
- Rank the provision of services by importance and urgency.

health status.

# **T-6.2: VIGNETTE #1**



Client has shown signs of depression as evidenced by lack of appetite, mood swings and isolation. She has been hospitalized twice due to the HIV but her health is stable currently. The client came in for a routine physical exam and was diagnosed pregnant. She wants to keep the baby.

## **T-6.5:** VIGNETTE #2



A 37-year-old white, gay male has lived in a halfway house for six months. He is partially deaf and was diagnosed HIV+ in 1985. He is on disability for his HIV.

The client has a bachelor's degree and worked as a travel agent until June 2000. He was then hospitalized after PCP use and has not returned to work. He began using cocaine and alcohol and now uses a bottle of wine every other day and 6 eight balls of cocaine monthly. He has been in and out of psychiatric hospitals because of depression. Client reports being diagnosed with depression, social anxiety and dissociative disorder.

As a child, the client was sexually abused by a friend of his father. His mother abandoned the family when the client was 7 years old. His father was in the military and was strict. The family moved yearly until client was in 12<sup>th</sup> grade.

# H-6.1: LIST OF NEEDS

# 1. Medical

Need		
Physical (i.e., blood pressure, respiration xrays, review of systems, EKG, etc.)		
Other medical treatment		
Provision of glasses or hearing aids		
Admission to hospital or clinic		
Medication (including dosage regulation, side effects and their management)		
Dental care treatment		
Diet or nutritional advice		
Exercise or physical protocol		
Pregnancy tests		
Prenatal care		
Postpartum care		
Pediatric/well-baby care		
STD testing		
HIV/AIDS testing		
TB testing		
Drug screen/urinalysis		
Other testing:		
Medical detoxification		
Other (specify):		

# 2. Psychological

Need
Substance abuse counseling: individual
Substance abuse counseling: group
Alcohol abuse counseling: individual
Alcohol abuse counseling: group
Individual counseling for mental health reasons
Group counseling for mental health reasons
Psychological/psychiatric testing or assessment
Medication (including dosage regulation, side effects and their management)
Peer/support group (not 12-step)
Peer resistance counseling
Relapse prevention
HIV Pre-test/Post-test counseling
Self-concept counseling
12-step (i.e., AA, NA)
Stress management (relaxation training, problem solving, anger management)
Other (specify):

#### 3. Educational

#### Need

### Educational needs assessment or testing

Basic education in reading and writing

Preparation for GED or high school equivalency exam

GED classes or other education courses

Tutoring in reading, writing, math or other basic skills

Schools, training or vocational rehabilitation

General counseling about education

Basic health education (including hygiene skills)

Substance abuse education

HIV/AIDS prevention/education

Child development education

Leisure skills training

Social and interpersonal relationship skills (i.e., communication skills, assertiveness training)

Other (specify):

#### 4. Vocational

#### Need

### Job search workshop/counseling

Resume writing

Interviewing skills

Job referral

Help from a public agency in finding a job

Help from a private agency in finding a job

Placement in a job

Vocational or employment testing

Vocational or employment counseling

Help from a public agency for vocational assessment

Help from a private agency for vocational assessment

Help from a public agency for vocational assessment

Help from a private agency for vocational assessment

Vocational skills training

Other (specify):\_

### 5. Financial

#### Need

Financial counseling

Assistance with budget planning and money management

Help from an outside agency (i.e., social services, social security, veterans affairs, private charitable

organizations)

Emergency or other special purpose funds

Concrete services (i.e., food, clothing, bus fare, eyeglasses, etc.)

Other (specify):\_

## 6. Housing/Basic Needs

#### Need

Meals served while in treatment

Provision of housing

Provision of basic needs (i.e., food, clothing, utilities, etc.)

## 7. Legal

### Need

Representation in civil case (i.e., divorce, custody, etc.)

Representation in criminal case

Assistance with probation/parole

Assistance with non-court legal matters (i.e., will, deed, etc.)

Court attendance on client's behalf

Lawyer or legal aid

Legal advice (i.e., divorce, custody, etc.)

Other (specify):\_

# 8. Family/Child Care

#### Need

Counseling for problems with spouse/partner

Education regarding parenting, child care, or child-rearing

Counseling for problems with parents

Child care

Sex education or sexuality counseling

Family planning

Death or bereavement

Other (specify):

#### 9. Transportation

### Need

Transportation for medical care

Recreation/leisure trips

### **Educational trips**

Shopping for personal items, food, etc.

Transportation to substance abuse/mental health treatment (i.e., AA, NA, etc.)

# 10. Continuing Care/Aftercare

Need
Halfway house or reentry home
Post-release follow-up counseling
Post-release follow-up contacts
12-step (i.e., AA, NA, etc.)
Other (specify):

# 11. Additional Services

Need			
Head Start			
Other preschool			
Transportation			
Homemaker (homemaking skills)			
Location of stable housing			
Weekend outings			
Wilderness experiences			
Emergency counseling			
Acupuncture			
CES or NET (Cranial Electro Stimulation or Neuro-Electric Therapy)			
Biofeedback			
Amino acids			
Hypnosis			
Therapeutic touch			
Other (specify):			

### H-6.2: LIST OF SERVICES

### 1. Treatment Services Overview

Consultation, Assessment and Specialized Training Overview

**New Service Supported Employment Assessment** 

# 2. Rehabilitation Services Overview

**Living Skills Training** 

**Cognitive Rehabilitation** 

**Health Promotion** 

**Supported Employment Services** 

## 3. Support Services Overview

**Case Management (emphasis on services, not the person)** 

**Personal Assistance** 

**Family Support** 

**Peer Support** 

**Therapeutic Foster Care Services** 

**Respite Care** 

# 4. Behavioral Health Day Programs Overview

Supervised Day Program

Supervised Day Program (per hour, partial day, full day)

Therapeutic Day Program

Therapeutic Day Program (per hour, partial day, full day)

Therapeutic Day Program

Therapeutic Day Program/Home-Based (per hour, partial day, full day)

Medical Day Program

Medical Day Program (per hour, partial day, full day)

Medical Day Program

Medical Day Program/Home-Based (per hour, partial day, full day)

## H-6.3: VIGNETTE #1

A 14-year-old, HIV+, African-American female lives with her maternal aunt. Her mother, father and maternal grandmother have all died of AIDS. She has one sister, age 8, also HIV+. The younger sister does not know of her health status.

Client has shown signs of depression as evidenced by lack of appetite, mood swings and isolation. She has been hospitalized twice due to the HIV but her health is stable currently. The client came in for a routine physical exam and was diagnosed pregnant. She wants to keep the baby.

## H-6.4: VIGNETTE #2

A 37-year-old white, gay male has lived in a halfway house for six months. He is partially deaf and was diagnosed HIV+ in 1985. He is on disability for his HIV.

The client has a bachelor's degree and worked as a travel agent until June 2000. He was then hospitalized after PCP use and has not returned to work. He began using cocaine and alcohol and now uses a bottle of wine every other day and 6 eight balls of cocaine monthly. He has been in and out of psychiatric hospitals because of depression. Client reports being diagnosed with depression, social anxiety and dissociative disorder.

As a child, the client was sexually abused by a friend of his father. His mother abandoned the family when the client was 7 years old. His father was in the military and was strict. The family moved yearly until client was in 12<sup>th</sup> grade.